

CHIP VON GUNTEN

A little quiet for the season.

One free download. No rush. Begin where you are.

FREE DOWNLOAD

Elimination

The Letting Go Starter Kit

A quieter way to set things down.

A gentle first step into the book, free to keep.

The book in paperback: \$9.95, was \$14.95

Black Friday is a season now. All month long:

Elimination - \$9.95

chipvongunten.com/shop